

# KORFBALL

THE MIXED GENDER SPORT







# WHAT IS KORFBALL?

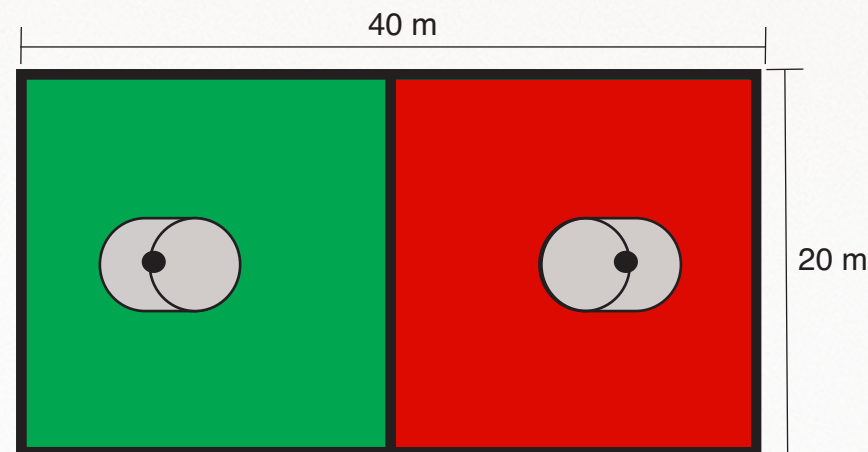
Korfball is a unique co-ed sport originating in the Netherlands, invented by Nico Broekhuysen in 1902.

It blends elements of basketball, netball, and handball, emphasizing teamwork and equality.

Traditionally played by teams of four men and four women (teams of two men and two women in beach korfball).



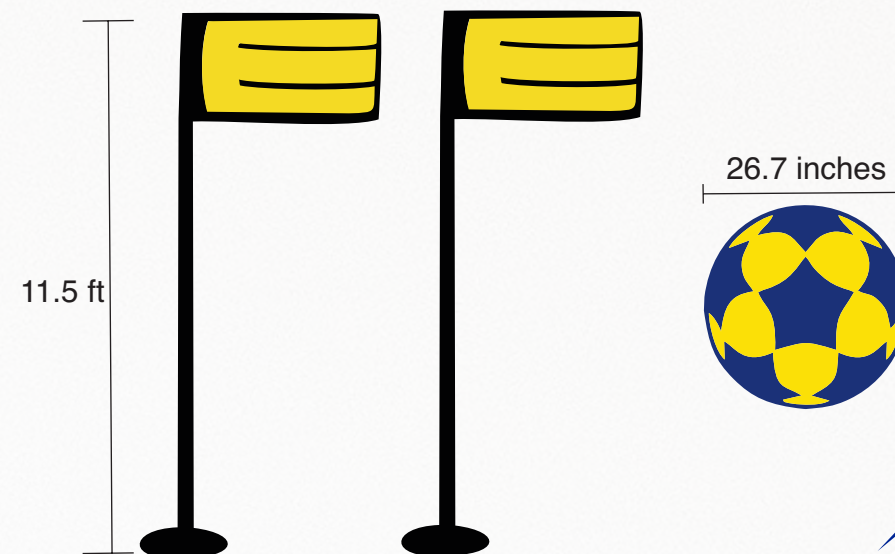
# COURT AND IMPLEMENTS



■ Offense Zone  
■ Defense Zone

- **Dimensions:** The court is typically about 130 feet long and 65 feet wide.
- **Zones:** It is divided into attack and defense areas, with designated shooting zones at each end.

- **Korf (Basket) Height:** The basket is positioned at a height of 11.5 feet above the playing surface.
- **Circumference:** The ball has a circumference of approximately 26.7 inches.
- **Weight:** It usually weighs around 17 ounces.





# BASIC RULES

- **Mixed-Gender Teams**

Each team has 8 players (4 men and 4 women).  
Two men and two women in each zone.  
Players can only defend against the same gender.

- **No Dribbling or Running with the Ball**

Players must pass the ball to move it up the court;  
they cannot run while holding it.

- **Scoring**

Points are scored by throwing the ball into a 3.5-meter-high korf (basket), similar to basketball but without a backboard.

- **Zonal Play**

The court is divided into two zones (attack and defense),  
and players switch roles after every two goals.

- **No Direct Contact**

Physical contact, blocking, or aggressive defending is  
not allowed, making it a strategic, skill-based sport.





# GAME DYNAMIC

- **Game Duration**  
Two 30-minute halves with a 10-minute break.
- **Passing & Movement**  
Players must pass the ball to teammates since running while holding the ball is not allowed. Quick movement and teamwork are essential.
- **Shooting & Scoring**  
Players attempt to throw the ball into the korf (basket) from various distances while being defended. Shots require precision and strategy.
- **Defensive Marking**  
Defenders try to block shots and passes by staying close to their opponent of the same gender, using positioning rather than physical contact.





# WHY KORFBALL?

- Inclusivity
- Teamwork and Communication
- Social Development
- No-contact
- Equality
- Community





# US KORFBALL FEDERATION (USKF)

The US Korfball Federation (USKF) is the governing body for korfball in the United States and is a 501(c)(3) tax-exempt nonprofit organization.

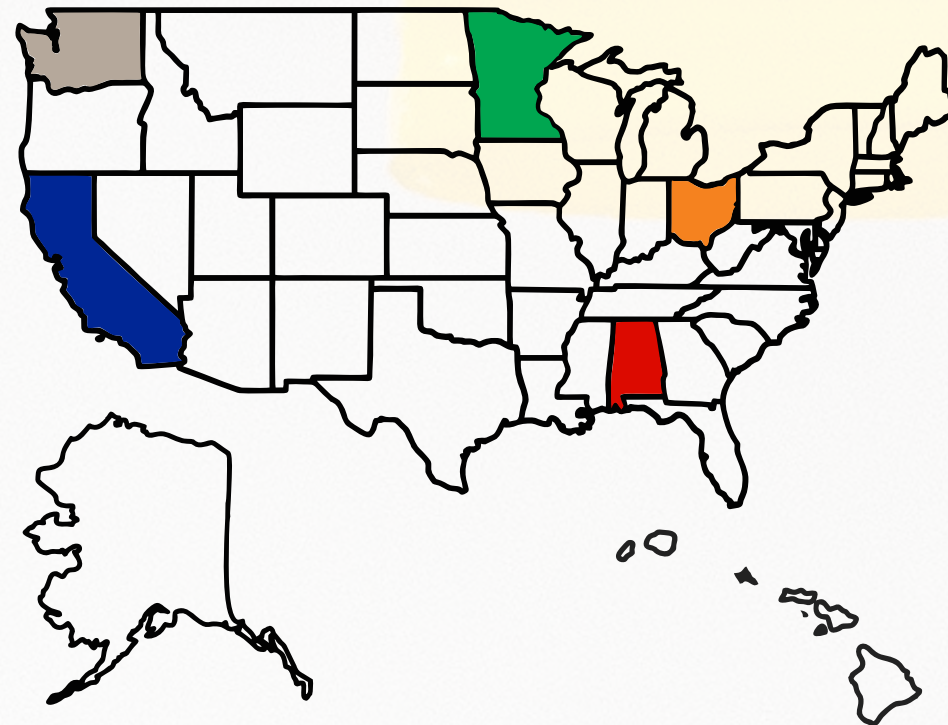
Our mission is to foster the growth and development of korfball at all levels and abilities, creating a thriving community of enthusiasts across the nation.





# KORFBALL IN THE USA

- PNW BEACH KORFBALL
- TWIN CITIES KORFBALL
- QUEEN CITY KORFBALL
- IRON CITY KORFBALL
- LOS ANGELES KORFBALL



2025





# HOW TO GET INVOLVED?

- **DONATE**

Your financial contributions are crucial for the growth and development of korfball in the US.

- **VOLUNTEER**

Offer your time and skills to help organize events, coach teams, or assist in administrative tasks.







- **PARTNER**

Businesses and organizations can partner with us through sponsorships, grants, or collaborative programs.

- **JOIN**

Become a member of the USKF and participate in our events, programs, and competitions.





# KORFBALL

It's more than just a sport;  
it's a movement towards ***INCLUSIVITY***  
***TEAMWORK***, and ***COMMUNITY***.

## CONTACT INFO

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